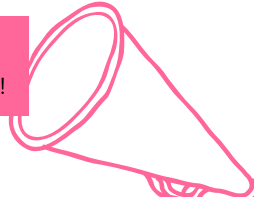


MPOWER Dance Studio

Fall 2020 Schedule



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9 AM	Leaps & Learning 9:15- 10:00 Miss Hannah	Tumbling 9:15 - 10:00 Miss Jen		Hip Hop & Jazz 9:15 - 10:00 Miss Maria		Ballet & Tap 9:15 - 10:00 Miss Lauren	
10 AM	Ballet & Jazz 10:30 - 11:15 Miss Maria	Poms & Cheer 10:30 - 11:15 Miss Jen	Company - Mini 10:30 - 11:30 Miss Maria	Tumbling 10:30 - 11:15 Miss Maria	Me & You 10:30 - 11:15 Miss Maria	All Levels - Acro 10:30 - 11:30 Miss Lilly & Mikaela	
11 AM					Open Gym 11:30 - 12:15 Miss Maria	All Levels - Poms 11:30 - 12:30 Miss Lilly & Mikaela	
12 PM							
1 PM	Home School Open Gym 1:00 - 2:00 Miss Hannah	Home School Dance 1:00 - 2:00 Miss Maria	Home School Sports & Conditioning 1:00 - 2:00 Miss Jen			Announcements: • Choreography Workshops for All Levels - Late October/ Early November • CONGRATS to all our Company & Competitive Team Members! Virtual Live-Stream Classes available for Fall 2020 Season!	
2 PM							
3 PM	HS Tumbling 3:00 - 4:00 Miss Kelly						
4 PM	LVL 1 - Tumbling 4:00 - 5:00 Miss Kelly	LVL 1 - Hip Hop 4:00 - 5:00 Miss Maria	LVL 1 - Cheer 4:00 - 5:00 Miss Hannah	LVL 1 - Ballet Infused Jazz 4:00 - 5:00 Miss Maria	Company - LVL 1/2 Dance 4:00 - 5:00 Miss Maria	 Aerial Silks w/ Miss Lexi Coming Soon!! The health and safety of our students, families and staff is our #1 priority. Everyone who enters the studio is required to wear a mask/ face shield and students ages 11+ need to wear masks while dancing. More details about our COVID-19 Safety Protocol can be found on our release form or website.	
5 PM	LVL 2 - Tumbling 5:00 - 6:00 Miss Kelly	LVL 2 - Hip Hop 5:00 - 6:00 Miss Maria	Level 2/3 Cheer 5:00 - 6:00 Miss Hannah	LVL 2 - Ballet Infused Jazz 5:00 - 6:00 Miss Maria	All Levels - Open Gym 5:00 - 6:00 Miss Lilly & Mikaela		
6 PM	LVL 3 - Tumbling 6:00 - 7:00 Miss Kelly	LVL 3 - Hip Hop 6:00 - 7:00 Miss Maria	Competitive Cheer 6:00 - 7:00 Miss Hannah	LVL 2/3 - Stretch & Strength 6:00 - 6:30 Miss Maria LVL 3 - Ballet Infused Jazz 6:30 - 7:30 Miss Maria			
7 PM	Company - Acro 7:00 - 8:00 Miss Hannah	HS Leaps & Turns 7:00 - 8:00 Miss Maria	Company - LVL 3 Dance 7:00 - 8:00 Miss Maria				